



EARTH CENTRE NEMOLAND

The aim of Nemoland is self-sufficiency and living with what nature, the Polish village and guests/volunteers contribute; under the motto 'back to the earth'. That means you become aware of the ecology of daily life, Polish village life, natural forces around you, the intelligence of animals and plants and local myths/legends. Closer to the earth means a more sober, earthly life than you are used to, but you get more out of it.

Get surprised! What do you encounter?

1. **Food from the village:** Women in the village sell regional and seasonal products. Through Nemo you can order everything from them. This supports the village economy. You can also have dinner at farmers' homes.
2. **Silence and darkness:** discover the silence and how dark Nemoland is at night.
3. **Seasons:** In Nemoland you move along to the rhythm of the seasons and the phases of the moon.
4. **Pure water** from a mineral well: Our drinking water comes from an underground river that flows into a well. The water is drinkable, but very precious. The pit falls dry if too much water is used. So be careful with water.
5. **Animals** are everywhere and live with you. Not only pets and farm animals, but also wild animals, bees and ants. You will automatically end up in the animal kingdom, like Alice in Wonderland.
6. **You can walk and stroll everywhere.** That is necessary to keep paths open. Find the old paths! Break down overhanging branches and take litter with you.
7. **Local myths/legends** are still visible in the landscape. We tell them in the story centre and walk to places where local legends take place.
8. **Crafts** to become self-sufficient: felting, weaving with our own sheep's wool, baking bread in the clay oven, making jam, cheese and much more.
9. **Learn Polish.** With a few Polish words you quickly make contact with people from the village.
10. **Contact with the Polish environment.** Nemoland has many contacts with neighbours, schools and village organizations, and we can organize an exchange or project. Get to know Poland from the inside!
- 11 **In future** Nemoland wants to become completely self-sufficient, generate energy ourselves, live from nature/animals and the Polish village and process waste.
12. **Share your ideas** about the future route of the Nemoland earthship, and help to realize it.
How can Nemoland become completely self-sufficient?
What would you do if you live here?

PRACTICAL MATTERS

1. **Compost toilets:** There is no water and sewerage, so we use dry ecological compost toilets, above a pit. After using put the sawdust over it and close the valve, add sawdust and toilet paper (stock at the large shed), and wipe the toilet if necessary. On departure of a group, group members empty the pit they used.
2. Limit and sort **waste.** Waste is reused or processed as much as possible. Try to limit waste.
 - a. *Glass:* clean pots with lid and give to Nemo for the jam, otherwise put glass in the green container
 - b. *Plastic and tin* in yellow bin
 - c. *Compost:* (old bread, vegetable waste, etc.) for animals in crate in shed; other food waste in compost pit in the parking lot.
 - d. *Paper / cardboard:* combustible waste in a separate bag / box and incinerate in a campfire.
 - e. *Residual waste:* in grey container
3. **Waste water** flows away directly onto the surface. That is why only ecological soaps are used.
4. **Do not smoke.** No smoking inside, around the campfire and at the table.
5. **Campfire** only on campfire site. Collect and saw dead wood yourself. The stacked firewood is for winter, and cannot be used.
6. **Wood stoves** are hot air heaters and are only meant for winter
7. **No washing machine:** but wash by hand. There is a centrifuge.
8. **Cleaning:** Do not leave dirty dishes and keep everything clean in the kitchens, sanitary facilities, sleeping / accommodation areas and the grounds: take litter with you.
9. Never leave **tools** unattended, clean them after use and then put them back in the shed.
10. **When you leave,** do not leave any traces: clean up campfire spots, empty toilets, clean everything you used and clean up all garbage.

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